



Anderton Centre Parent Meeting

Wednesday 20th April 2022

Agenda

- Visit Location
- Activities
- Visit Aims
- Grouping
- Accommodation
- Catering
- Medicines
- What to bring
- What not to bring
- Any questions?

Location

Anderton Centre



<https://www.youtube.com/watch?v=ltaVpRtPpzU>

Friday 13th April – Leave school @ 11:00am

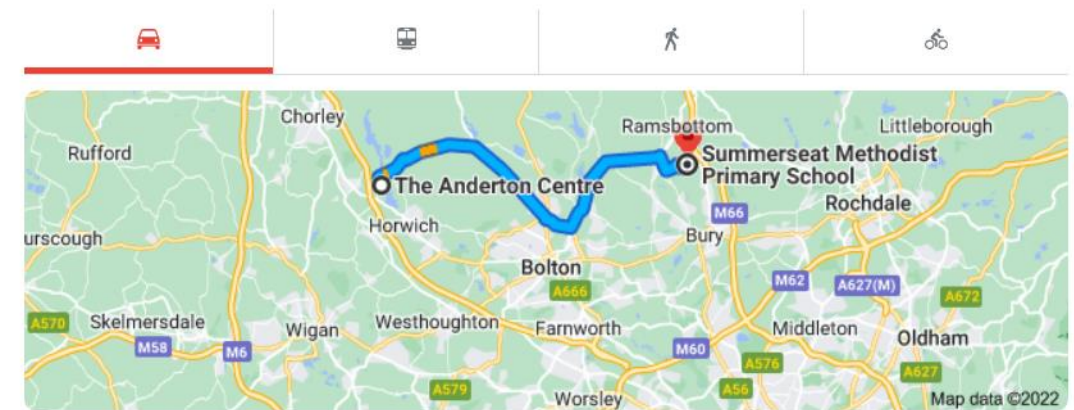
Sunday 15th April – Arrive back @ approx.
2:00pm

3 day course – land and water activities



The Anderton Centre, New Rd, Chorley PR6 9HG

Summerseat Methodist Primary School, 44 Rowlands Rd, Bury BL9 5NF



36 min (15.2 mi) via A676



Directions

Activities Day 1

- Tree Climb
- Archery
- Night Walk



Activities Day 2

- Kayaks
- SUP single
- SUP XL
- Bushcraft



Activities – Day 3

- Crate Stack
- Low Ropes – New for 2022

<https://www.youtube.com/watch?v=hJoSUTGNrwl>

- Traverse wall



What if my child doesn't want to do all the activities?

- All of the activities will provide different and exciting challenges
- Staff at the Anderton centre expect all the children to be ready to give anything a go, challenge themselves and do as much as they can
- No one will be forced to do any of the activities, but the children who get the most from the experience will be those who have a really good go at everything

Visit Aims

Anderton centre courses satisfy the outdoor and adventurous activities requirements of the national curriculum that are contained within our Summerseat Steps in Learning.

Outdoor & Adventurous			
<i>Take part in outdoor and adventurous activity challenges both individually and within a team.</i>			
	<ul style="list-style-type: none">• Recognise risks when climbing, balancing, running• Begin to understand basic principles of working with a partner or group.	<ul style="list-style-type: none">• Arrive properly equipped for outdoor and adventurous activity-Understand the need to show accomplishment in managing risks-Show an ability to both lead and form part of a team-Support others and seek support if required when the situation dictates-Remain aware of changing conditions and change plans if necessary-Show resilience when plans do not work and initiative to try new ways of working-Follow a map in a familiar context-Use maps, compasses and digital devices to help orientate themselves• Use clues to follow a route• Follow a route safely	<ul style="list-style-type: none">-Select appropriate equipment for outdoor and adventurous activity-Identify possible risks and ways to manage them, asking for and listening carefully to expert advice-Embrace both leadership and team roles and gain the commitment and respect of a team-Empathise with others and offer support without being asked. Seek support from the team and experts if in any doubt.-Quickly assess changing conditions and adapt plans to ensure safety comes first.-Remain positive even in the most challenging circumstances, rallying others if need be.Follow a map into an unknown location.Use clues and a compass to navigate a route.Change route to overcome a problem.Plan a route and a series of clues for someone else.

Groupings

- The children will be put into 3 activity groups
- Each group is led by a Anderton Centre activity leader with at least one member of Summerseat staff: Miss Leyland, Mrs Whittaker, Miss Ward, Mrs Bolton, Miss Thompson
- All activities are led by the Anderton Centre staff who have been trained with the relevant skills and qualifications. Teachers can join in too but the instruction is the responsibility of the Anderton Centre staff.
- We will share groups with children ahead of the visit and will take into consideration friendships

Accommodation

<https://www.youtube.com/watch?v=Nyo3aQjqPb0>



Anderton Centre 1st floor bedroom plan

Two accommodation blocks sleeps 53 in total across 14 ensuite bedrooms

Pike View (sleeps 22 across 6 ensuite bedrooms)

Woodland View (sleeps 31 across 8 ensuite bedrooms)

Anderton Centre
COMMUNITY CENTRE

Pike View accommodation (sleeps 22 across 6 bedrooms)

Lounge <i>(large conference room)</i>	P1 (3)	P2 (3)	P3 (3)	P4 (3)	FIRE DOOR	Pike View social area							
	Night Porter	stairs / lift	Store room			Kitchette	Tables/chairs						
						P6 (6)	P5 (4)						
						FIRE DOOR							
						W7 (4)	W8 (3)						
						W5 (4)	W6 (4)						
						Woodland Block social area with TV							
						Chairs	Kitchenette						
						W3 (4)	W4 (4)						
						W1 (4)	W2 (4)						

Woodland view (sleeps 31 in 8 bedrooms)

Please note - bedroom layout as a guide only; not to scale

Last updated 18/5/15

What happens at night time?

- After the last final activity session, we will all get together for a final meeting, biscuits and a drink. We will have a quiz and a magic performance.
- Lights out is 9pm and the children are expected to get a good nights sleep.
- Staff will wait in the corridors from 9pm onwards. We will take a fairly firm approach to bedtime because with such busy days, it is important the children get a good nights sleep.

What are the sleeping arrangements?

- The children get to share a dormitory with their friends. We will organise this and share it ahead of the visit.
- Room sizes vary from 3 – 4 children.
- If the children need anything through the night we will be on hand to support.

Catering

- The food is good and there is plenty of it!
- As well as toasts and cereals, they provide a full cooked breakfast
- At lunchtime, they typically provide a chicken wrap or baked potatoes with fillings, sandwiches, soups, fruits and yoghurts.
- A cooked evening meal, for example pasta or pizza, is served in the evening, followed by a tasty desert. Meals vary throughout the year with more hot food and soup available in the winter time. Break time snacks are also provided.

Catering

- There is always a vegetarian option and special diets can be catered for as long as they are notified in advance. They aim to provide healthy meals that will appeal to the children in order that they get the energy they need to fuel their three days at Robinwood.
- Children will make their food choices at the beginning of their stay.
- Water and fresh fruit are available throughout the day.
- Children do not need a packed lunch on their first day but a water bottle would be beneficial.

Medicines

- Mrs Whittaker is in charge of medicines.
- Hand over labelled medicines and instructions on Friday morning.
- It is only a short journey but if you do need travel sickness medication, please take this before the start of the school day on our outward journey. For the return journey, please bring one tablet in a named, sealed envelope for the journey home.

What you need to do

- Pack the bag together.
- Use the packing list provided.
- Make sure your child can carry it!
- Pass any medicines to Mrs Whittaker with instructions.
- Come to school at the usual time.
- **All items must be labelled with your child's name.**
- We will leave approx. 11am.

What to bring

CLOTHING AND KIT LIST

The kit listed below is what we suggest for participants to bring for activity days at the Anderton Centre. Any items marked with * are available to borrow from the Anderton Centre, if you are unable to bring any other items please let a member of staff know.

Day visits: (dependent on time of year)

- Warm old clothing (tracksuit/jogging bottoms or walking trousers are ideal; don't recommend jeans)
- Waterproof top and bottoms*
- Warm fleece type jacket*
- Hat and gloves (dependant on time of year)
- Sunhat and sun cream (dependant on time of year)
- Mosquito repellent*
- Strong shoes / boots
- Complete change of clothing
- Any personal medication e.g. inhalers

Additional kit for water activities:

- Swimming costume / shorts and t-shirt
- Towel
- Spare jumper for getting wet (fleece if possible)
- Pumps or old trainers you don't mind getting wet
- Plastic bags for wet clothing
- Warm and dry change of clothes including spare dry pair of shoes/trainers

Additional kit for residential programmes:

- 3 complete changes of clothes (depending on length of stay)
- Spare underwear
- Indoor shoes
- Toiletries – Aerosol sprays are not allowed to be used at the Anderton Centre.
- Towel
- Nightwear

Free drinking water is readily available - all visitors will need a water bottle/drinks for the day

THE ANDERTON CENTRE PROVIDES

FOR LAND-BASED ACTIVITIES

- Helmet
- Climbing harness
- Day sack 30-40 litres
- Waterproof top and trousers (from age 8+)
 - Limited quantity and sizes, please bring your own if possible.

FOR WATER ACTIVITIES

- Buoyancy aid or lifejacket
- Goggles
- Helmet
- Long John wetsuit

What NOT to bring

- Please do not bring any valuable items
- Children are not permitted to bring any electronic items, including mobile phones and cameras.
- Staff will take photographs to capture the visit. Keep up to date with Twitter / website for images of the day.
- Aerosol sprays – this will set off the fire alarm
- Sweets or snacks – this is all catered for.

