

Accessing Wider Support – when the School is closed.

If you are a **child/parent** and you would like to access help or support, please consider the following services who may be able to support whilst school are closed:

Childline - [Childline | Childline](#) Tel: 0800 1111 – Childline offers free, confidential advice and support whatever your worry, whenever you need help.

Kooth - [Home - Kooth](#) - Your online mental wellbeing community. Free, safe and anonymous support.

NSPCC - [Keeping children safe | NSPCC](#) Tel: 0808 800 5000 - If you're worried about a child, even if you're unsure, contact our professional counsellors for help, advice and support.

QWELL - [Home - Qwell](#) Free, safe and anonymous mental wellbeing support for adults across the UK

Early Break Getting Help Line - Our Getting Help Line is available for anyone living in Bury – 0161 464 3679 (Mon-Sat 8am-6pm). It is an all age helpline that offers support with emotional health and wellbeing. We offer help, advice and signposting to relevant services in the local area. If you need support, please call us because there is a caring professional waiting to give you the help you need.

CAHMS (Child and Adolescent Mental Health Services) – Tel - 0161 716 1100 / 1112 - We offer specialist services to children and young people who are experiencing mental health difficulties.

The Bury Directory - [The Bury Directory - Activities, Services & Events in Bury](#)

Stop it Now! [Contact the Stop It Now! child sexual abuse helpline - Stop It Now](#) Tel - Confidential Helpline: 0808 1000 900.

CEOP (Child Exploitation and Online Protection) - [CEOP Safety Centre](#) - If you have experienced online sexual abuse or you're worried this is happening to someone you know, let them know safely and securely.

Parents Protect - [Parents Protect](#) – Help parents and carers protect children from sexual abuse and exploitation.